

THE GOODWILL GAZETTE

JUNE 2022

Letter from Mr. Shelfer, President & CEO, Goodwill Industries - Big Bend



Fred G. Shelfer, Jr. CEO

We are moving into the summer months and so far, so good. Sales continue to exceed our best year day by day and donations remain strong. We eye the future with a little caution with inflation running at a high rate, the job market tight, and interest rates rising. What these things will mean for Goodwill we will have to wait and see. What we can do, is to continue to improve our skills and our job performance. I see that in our stores, our Mission Services, and our administration and I expect the rest of the year to be a good one for Goodwill Big Bend.

Thank all of you for doing your part in "Goodwill for the Ukraine". We raised \$32,000 that was given to the International Rescue Committee and will be used to assist the 6 million Ukrainians who have fled their homes and their country because of the war there.

I have highlighted members of our administration in previous additions and would now like to tell you about Lisa Land, vice-president of contracts, maintenance, security, and products. Lisa has been with Goodwill for many years and has these multiple responsibilities because of her willingness and her abilities. Hard working, efficient, and trustworthy, I know that if there is anything about our buildings or operations that needs attention Lisa will take care of it. She is indispensable to our organization. Tell her "Thank you" next time you see her because she makes everything operate so the rest of us can do our jobs. I thank you, Lisa!

Sincerely,
Fred G. Shelfer, Jr.
CEO

SAFETY

June is National Safety Month

School is almost out for the year. Temperatures are rising, and the weekends are going to get busy! All those projects we put off in the fall and winter need to be finished. Plans for beach days and camping trips are under way.

Now is the time to review safety in the workplace and at home.

Here are some suggestions:

- Review fire safety at work and at home. Check all fire alarms for low batteries.
- Check electrical outlets and make sure cords are tucked safely out of aisles and walkways.
- Prepare for storm season and discuss preparations with your entire family. Let someone know your evacuation route so you can be found in an emergency.
- Wear your seatbelts and use hands-free devices when driving.
- Check your First Aid Kit for missing items.



We want to hear from you! Send us your Safety Tips!
What do you do to prepare for Summer?
Send tips to: mthomas@goodwillbigbend.com

EXECUTIVE CORNER

Open Enrollment is HERE!

Do not miss your opportunity to enroll in the benefits you are eligible for.

Full time employees have access to Medical, Dental, Vision, Teladoc and Aflac products.

Part time employees can enroll in Teladoc and Aflac products.

Starting June 1 through June 9, in person and virtual meetings will be offered to inform you on your benefit options.

Check with your manager/supervisor for full schedule and specific times.

East Side

Date	Meeting Location	Time Block	Participants	
June 1 Wed	Mabry Conference Room ** This is the only Virtual Meeting	9:30 – 11:00 am 1:00 - 2:30 pm 3:00 - 4:30 pm EST 5:00 – 6:30 (4 meetings)	Mabry Admin All Retail Stores Hwy 20 – All Depts Prosperity Center Perry Store/ADC GA Stores/ADC Car Washes East Side Contracts East Side Transportation	*All Locations in the East

West Side

Date	Meeting Location	Time Block	Participants	
June 2 Thursday	Santa Rosa Store	9:30 am – 11:00 am 1:00 – 2:30 pm 3:00 – 4:30 pm CST (3 meetings)	Santa Rosa Store Destin Store	
June 3	Chipley CTC	9:30 am – 11:00 am 1:00 pm – 2:30 pm CST (2 meetings)	Marianna Store & CTC Chipley Store & CTC	
June 6	**Life Management Conference room 525 E 15th St (US Highway 98) Panama City	9:30 – 11:00 am 1:00 - 2:30 pm 3:00 - 4:30 pm CST (3 meetings)	Springfield Admin Outlet CP PC Transportation Port St. Joe 23 rd Street Store 2 Beach Stores Lynn Haven Store PC City Contract	*All locations in Panama City area + PSJ. **NOTE MEETINGS ARE BEING HELD AT A NEW LOCATIONS OUTSIDE OF GOODWILL
June 7	Crestview Warehouse	9:30 – 11:00 am 1:00 - 2:30 pm 3:00 - 4:30 pm CST (3 meetings)	Val P Store Crestview Store Crestview Transportation Val P & Crestview CTC Centralized Processing	
June 8	Airport	1:30 pm	Airport	

Attend a meeting for a chance to win!

We will have a drawing at each meeting for a \$25 gift card - MUST be present to win.

We will have a final big drawing that includes all attendees from all meetings for a \$250 gift card - Winner will be announced after the last meeting for the enrollment period.

THE LEARNING PAVILION

Corynn Shimer's Success Story

Corynn started in the wobbler room in January 2022! When she first entered the wobbler room, she seemed very afraid of her new surroundings, friends, and teachers. She would cry anytime one of her new friends came near and scream whenever her new teachers would approach her. Her first 2 weeks she spent a lot of time by the infant room kitchen door because it was far from the group and closer to her former classroom (the infant room). Her teacher, Ms. Jazzmin, would take her to the reading corner which was closer to the group, but also close to the door so she wouldn't be so far apart and offer her a book or some of our toys so she could see the things her new class had to offer.

She would cry at the sound of any of her infant room teachers voice or if she saw them through passing. To assist her transitioning, Ms. Jazzmin would allow Corynn to give her former teachers a hug and allow her to calm her down and reassure her that she was going to be okay. Diaper changing and naptime were extremely difficult for Corynn because she didn't want to be close to her new teacher, but through her tears she would still be reassured that she was going to be okay. To self-soothe during these times, she depended on her pacifier a lot her first month in the wobbler room!

Art and sensory also proved to be an area of difficulty for Corynn. She couldn't hold anything in her hand and she didn't want to be touched by her teachers. She would cry for art, but we would assure her that she was okay giving her gentle touches when helping her with art and explaining to her what she was touching so she could slowly relax, allowing her to see that she was safe. Sensory was NOT her favorite; she would scream whenever she touched cool whip or paint. Her teachers began slowing introducing each sensory item, reassuring Corynn that she was okay and letting her freely play. With some brainstorming, the teachers decided to mainly allow her to play in cool whip as her selected sensory choice because food is one of her love languages!

Outside time was a sigh of relief for Corynn because she enjoys playing on the playground! We saw this as an opportunity to get her to let down her guard and welcome us in. She would allow us to push her on the swing and go down the slide with her. Corynn began to play with her friends a lot outside! With her allowing us to engage with her during outside time, we began to welcome her more to our circle time and group activities so she could see exactly what the group was engaged in. She soon learned that she loved circle time and that was one of her most exciting parts of the day! Transitioning from circle time to art eventually became a breeze with her as she was allowing her teacher and friends to help her more. She loves art time and sensory is definitely her favorite. She loves to read and dress up for dramatic play! Corynn now only uses her pacifier for nap time, she participates in all activities and follows instructions well, and she is good with communicating either saying words or using her ASL to let her teachers know what she wants. She loves to give hugs and kisses and we love to receive them!

THE LEARNING PAVILION (cont.)



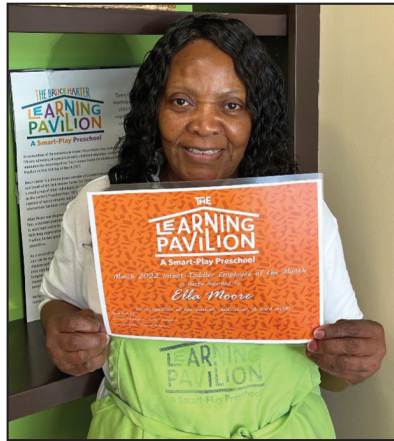
Employee Shout-Outs

Capital Circle NE Employee of the Month:



Carlo Medina

Employees of the Month from The Learning Pavilion



Ms. Ella Moore



Ms. Stephanie Defibaugh

New Additions Shout-Outs



Welcome *Angie Lucas*, she has joined the HR Team as a Safety Specialist in the West and Far West. She will be providing support to stores and departments while conducting safety inspections and strengthen our safety program. Our goal is 100% compliance.



Welcome *John Medlock*, he has joined the HR Team as a Safety Specialist in the East. He will be providing support to stores and departments while conducting safety inspections and strengthen our safety program. Our goal is 100% compliance.

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Graduate Shout-Outs

On behalf of Goodwill, we would like to congratulate all our graduates and wish them much success going forward. Thank you for being a part of the Goodwill family!



Kevin Newman

our Ignite case manager, graduated from Florida State University in May 2022 with his Master's Degree in Public Administration and Criminology.



Kevin Jones

from the Buck Lake bookstore is Graduating from Lincoln High school in June



Paris Martin

from Port Saint Joe is graduating from Port Saint Joe High

Department Shout-Outs



Thank you to the accounting and payroll team for the goodie bags they sent us recently. The cards they gave us say it all... Coming together is the beginning - keeping together is progress - working together is success. We LOVE working with you guys. Thanks again - HR Team



Panama City Update: 1st night training with the new crew. Great group. They did a super job and we were all excited to see our donation boxes already there! Really helped them understand a little more about Goodwill and how all the pieces fit.

Left to right: Kari Updike, Trent Selph, Lucy Pistey, Melonie Haith, Charlie Wiles.



Ms. Glenda from our New Goods Department is 72 years young. She is fierce, a leader, a hard worker and you know when she is coming down the hall. She plays a big role in getting new product to all the stores in a timely manner.

Thank you, Ms. Glenda for your loyalty and friendship to all of us at Goodwill.

Happy Birthday!

A Goodwill Love Story



The couple in the picture, Irvin Clark and Betsy Clark, met in our store 3 years ago. Irvin is an associate dean at FSU PC and Betsy was visiting here from Missouri. They started a conversation and shared their love for Goodwill. Betsy moved here and they got married. We love to see them when they come in here.

They are our Goodwill love story and we are so happy they shared their story with us.

Thank you, Irvin and Betsy Clark.

CARE CORNER

Make a Difference Month

In honor of LGBTQ+ Pride Month, we would like to highlight the importance of a work environment that we can all be proud of regardless of sexual orientation, religious background, race, and more. Although the history of Pride Month transcends a singular event, Pride Month is celebrated annually in June to honor the 1969 Stonewall riots. Pride month aims to achieve equal justice and equal opportunity for LGBTQ individuals through parades, workshops, and many more different celebrations.

Show Appreciation

Sometimes the easiest way to make someone feel accepted is to show them you appreciate what they are doing with a kind word. Displaying your appreciation for the hard work someone has been doing goes a long way because it proves to them that someone is noticing their efforts.

Lend a Hand

Life is a beautiful rollercoaster filled with many ups and downs but as we navigate life it is important to remember that we can always positively impact someone's day. Lending a hand can take shape in many different ways ranging from opening a door for someone to simply taking the time to truly listen.



Protect Your Mental Health

It is important to not only check on others, but just as important to check on yourself. Taking a step back and assessing where you are today is crucial. Being able to maintain your mental health can help you handle future challenges better. There is nothing worse than being stuck in a sad or depressed state. Take time to notice where you are mentally, address these issues, and make changes to improve your mental health. Reach out to a friend or relative and talk if you are feeling down. and companies will often match part of your contribution, which is like getting free money. Opening a Roth IRA account is also a great idea if you do not want to pay taxes for the saved money at the moment of retirement.

HOW TO IMPROVE YOUR MENTAL HEALTH

- 1 GET ENOUGH SLEEP
- 2 PRACTICE SELF CARE
- 3 TAKE YOUR PRESCRIBED MEDICATIONS
- 4 TALK TO A THERAPIST
- 5 PAY ATTENTION TO HOW YOU'RE FEELING
- 6 FIGURE OUT YOUR TRIGGERS
- 7 GET RID OF NEGATIVE RELATIONSHIPS
- 8 ASK FOR HELP
- 9 STOP TAKING ON OTHER PEOPLE'S PROBLEMS
- 10 ACCEPT PEOPLE FOR WHO THEY ARE

An infographic with a yellow background. It features a list of 10 tips for improving mental health. The text is in bold black letters. To the right of the list are several medical and health-related icons: a stethoscope, a syringe, a bandage, a heart with a pulse line, a pill, and a first aid kit. The overall design is clean and professional.

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions

Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

Tools to Quit:

Friday June 17, 2022
5:30-7:30 PM EST

Goodwill
300 Mabry St
Tallahassee, FL 32304

Sponsored by:



For more information on Group Quit sessions, contact:

850-224-9340



Florida
HEALTH

Learn more about all of Tobacco Free Florida's tools and services at tobaccofreeflorida.com/quityourway

WORD SEARCH

Father's Day Word Search

Father's Day is Sunday, June 19. Can you find these words that have to do with dad?

- | | |
|----------|--------|
| ATHLETIC | FUNNY |
| BRAVE | GOLF |
| DAD | KIND |
| DADDY | SPORTS |
| ESPN | TENNIS |
| FATHER | TIE |
| FISHING | TOOLS |
| FOOTBALL | |

MARTY WESTMAN/MCT

X	R	D	F	U	I	E	L	C	F	C	R	E
W	B	L	A	S	T	R	O	P	S	N	D	K
E	O	D	S	A	Z	F	X	C	E	B	A	M
G	N	M	P	O	I	U	T	C	R	E	D	T
R	B	R	A	V	E	H	I	O	O	M	D	E
S	I	D	K	Y	J	T	B	S	S	H	Y	L
H	T	I	Q	N	E	F	A	P	L	L	Y	L
S	A	R	S	L	G	R	E	R	O	O	G	A
G	V	S	H	C	K	E	L	S	N	P	O	B
F	R	T	S	F	I	S	H	I	N	G	W	T
U	A	C	O	S	N	S	T	E	D	E	O	O
N	S	T	K	O	D	A	L	A	D	U	R	O
N	N	R	H	W	B	E	D	U	I	M	G	F
Y	O	T	I	E	T	I	N	C	T	W	N	U
A	F	U	S	R	R	H	W	E	S	P	N	W
O	T	E	N	N	I	S	T	I	U	S	E	R

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Melanie Stacey	6/1	Fred Shelfer	6/7	Mary Simon Irby	6/13	Calvin D. Pace	6/21	Skylar Stoffel	6/27
Gerhard Schlund	6/1	Sierra Daniels	6/7	Gail Arthur	6/14	Destinee Davidson	6/21	Jeffrey Jentink	6/28
Halana Werts	6/1	Lacrysal Jackson	6/9	Juma Khan Nazari	6/14	Matthew Redenz	6/22	Kayliana York	6/28
David Burns	6/2	Charles Wiles	6/9	Taylor Feagle	6/15	McKenna Wolk	6/22	Andriea Miller	6/28
Brandon Abramo	6/3	Barclay Dixon	6/9	Diane Eyles	6/15	Lindsey Carroll	6/23	Dantavia Perkis	6/28
Robert Jjuuko	6/3	Trevon Porche	6/10	Cynthia Winskey	6/16	Peter Roehl	6/23	Jane Spivey	6/29
Ulysses McQueen II	6/3	Roy Anderson	6/10	Franny Graham-Clemons	6/16	Mason Hood	6/23	Kevoughn Manning	6/29
Michael Garrett	6/4	Shelby Kosier	6/10	Eleazar Rodriguez	6/16	Anna Godfrey	6/23	Kristi Lundy	6/29
Spencer R. Reeves	6/4	Tina Lepone Dempsey	6/11	Freddie Conn	6/16	Corine Saylor	6/24	Sarah Sellers	6/30
Wayne Moseley	6/4	Darrell McMullen	6/11	Gary Davis	6/17	Lisa Clark	6/25	Nykihah Leonard	6/30
Robert Moore	6/5	Crystal Lyles	6/12	Laurie Everett	6/17	Charles Batchelor	6/25	Dillon Murray	6/30
Jaquan Williams	6/5	Victoria Shirey	6/12	Michele Dunselmann	6/18	Derrick Dudley	6/26		
Alexandria Crews	6/6	Kayce Griffith	6/12	Malachi Phillips	6/19	Paul Souls	6/26		
Michael Carr	6/6	Gail Jones	6/12	Ronda Lynch	6/20	Francine Mcgahen	6/26		
Lynley Parker	6/7	Anfrenee Young	6/13	Sherrie Knowles	6/21	Leandra Walker	6/26		



Mary Thomas	27	Latrell Bolden	2	Abigail Jackson	1
Mirna Ruiz	14	Robert Flumerfelt	1	Wanda Mickel	1
Sara Hall	14	Nigel Power	1	Stephen Dodson	1
Joseph Dobbs	13	Kathryn Kelley	1	Aidan McConnell	1
Raisha Licht	8	Evelyn Pensgard	1	Laci Joyner	1
Latasha Gaines	7	Eleazar Rodriguez	1	Oscar Gala Soto	1
Angela Smitherman	7	Avion Hall	1		
Franny Graham-clemons	4	Derrick Dudley	1		
Lashaunda Andrews	3	Chrystian Rogers-Jackson	1		
Aralza Barrera	2	Aldeano Dehaney	1		
Jurnee Perdue	2	Alina Duncan	1		
Sophia Gilleo	2	Crystal Richardson	1		
Issac Gasper	2	Jason Hunter	1		