

THE GOODWILL GAZETTE

SEPTEMBER 2023

Letter from Mr. Shelfer, President & CEO, Goodwill Industries - Big Bend



Fred G. Shelfer, Jr. CEO

I want to introduce to you some bright young people who have joined our Goodwill, enjoy working here, and are making our future really look bright.



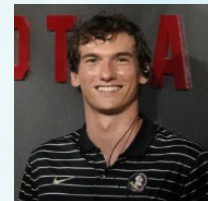
Will Rodrigue: I have known Will's family for many years. His father and uncle encouraged him to take a job at Goodwill. He was first a cashier at the computer store (which proves that it doesn't matter where you start), then he became an assistant manager, and afterwards he became a manager before we moved him to Mabry as our Systems Project Manager. Will is from Tallahassee. He graduated from FSU with a Bachelor of Arts degree in Computer Science and a minor in Linguistics. His goal here is to eliminate problems in every department so that we run smoother. With his ability, I'm sure it will happen.



Stephen Dodson: Stephen is our Data and Reporting System Manager. He is from Orlando and graduated from FSU with a major in Management Information Systems and a minor in Computer Science. He enjoys analyzing data to for allow good decision making. Stephen likes the idea that we do good for others and the comradery within Goodwill. He values that we are a non-profit organization with a business basis that has a desire to improve. We are lucky to have Stephen on the team.



Lexi Feng: Lexi grew up in Jacksonville and her parents are from Taiwan. She has an International Baccalaureate diploma, and a Bachelor degree from FSU in Asian Studies and Business. She is now in a Master's program at FSU in Integrated Marketing and Communications. She is responsible for our Gazette and much of our marketing program. She would like to continue her career here at Goodwill. I am especially pleased that such a talented person wants to be part of our organization. That says more than words can express.



Adam Frost: Adam is from Winter Haven where he went to high school and became interested in video and is now majoring in communications at FSU, where he used to film for the FSU football team. He is in his senior year and working with us as an intern. After asking him what he would like to do upon graduation, he said, "work for Goodwill." One of our greatest compliments we could have is that a talented young man like Adam would like to continue his career with us.

Sincerely,
Fred G. Shelfer, Jr.
CEO

DIVERSITY, INCLUSION, AND BELONGING



National Hispanic Heritage Month is a cultural celebration that starts on September 15th, celebrating the independence anniversaries of several Latin American countries. Throughout this month, the diverse cultures, histories, and contributions of Hispanic Americans are honored and recognized. To discover more about National Hispanic Heritage Month, you can visit the official Hispanic Heritage Month page by the Library of Congress.

www.hispanicheritagemonth.gov/

Constitution Day, also known as Citizenship Day, celebrates the signing of the United States Constitution on September 17, 1787. It is a day to reflect on the country's founding principles and the rights and responsibilities of American citizens. On Constitution Day, schools promote civic education and awareness. To explore more about Constitution Day, you can visit the National Constitution Center's website:



www.constitutioncenter.org/the-constitution



Labor Day is celebrated on September 4th to honor the American workforce. It serves as a tribute to the workers and their impact on the country. People usually enjoy the day with parades, picnics, and various festivities. To learn more about the history and significance of Labor Day, you can visit the official website of the U.S.

<https://nationalwomenshistoryalliance.org/resources/commemorations/womens-equality-day/>



Patriot Day, observed on September 11th each year, is a national remembrance of the tragic events that occurred on September 11, 2001. It commemorates the lives lost in the terrorist attacks and honors the courage and heroism of first responders and ordinary citizens. Americans pay their respects through ceremonies and acts of service.

www.nationaldaycalendar.com/patriot-day-and-national-day-of-service-and-remembrance-september-11/

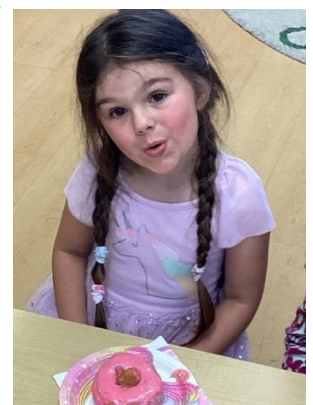
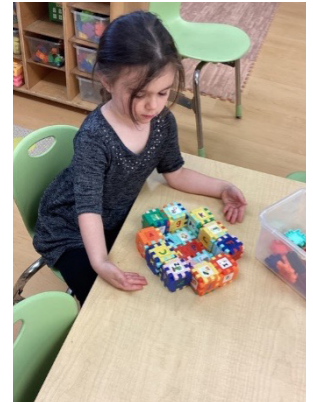
The Learning Pavilion Success Story: Ingrid

By Sarah Griesheimer, Administrative Assistant at The Learning Pavilion

Here at The Learning Pavilion, there is a little girl named Ingrid. She has been a part of TLP since the infant room, bringing with her a spirited energy that was sometimes a little rough during playtime. As a new lead teacher in the class, I have had the pleasure of getting to know Ingrid over the past three months.

Ingrid's initial days in Environment 2-A were marked by her playful yet challenging demeanor. She often found herself in trouble due to her exuberance, but beneath that energetic surface, there was an undeniable spark in her eyes. As time went on, I noticed something unique about Ingrid: her inquisitive nature and remarkable intelligence. In my interactions with Ingrid, I began to discover that she is wise beyond her years. She effortlessly answers complex questions, displaying a knowledge level well above her peers. It was evident that she was not just bright; she is exceptional. I was eager to nurture this natural talent and provide her with the opportunities she needed to grow and excel. Recognizing her exceptional abilities, I collaborated with the other teachers to tailor activities that challenged Ingrid's intellect and kept her mind actively engaged. We introduced her to a variety of advanced learning materials, including age-appropriate puzzles, books, and educational games that matched her inquisitive spirit. As Ingrid delved deeper into these enriched learning activities, we witnessed something magical happening. She became more focused and enthusiastic about her studies, channeling her vibrant energy into productive pursuits. Not only did her academic performance improve, but her social skills have also blossomed. She discovered that her intelligence was a gift that could be shared with her peers, and has since started to support and help them in their studies. The transformation in Ingrid is remarkable. No longer causing trouble during playtime, she became a role model for her friends. Her once-turbulent energy was now channeled into positive endeavors, and her friends eagerly sought her guidance and assistance. Discussing with Ingrid's parents on what we needed to achieve has also helped us to bring about great change in the classroom.

Today, Ingrid stands tall as a shining example of the power of nurturing a child's unique abilities. Her success story serves as a reminder to all educators and parents that every child has their special strengths waiting to be unearthed. With the right support and encouragement, they can soar beyond expectations and achieve greatness. As a teacher, witnessing Ingrid's transformation has been a truly rewarding experience. I feel privileged to have been a part of her journey, and I can confidently say that the future holds even more exceptional accomplishments for this remarkable young mind. Ingrid's story serves as a testament to the dedication of The Learning Pavilion's educators in fostering an environment where every child can thrive and grow. We are committed to cultivating brilliance in each child we encounter, ensuring that they, like Ingrid, will shine brightly and reach for the stars.



Shout-Outs

We would like to thank the following individuals for showing the upmost integrity by turning in money that was found at their location. This display of integrity does not go unrecognized and we here at Goodwill would like to thank you for portraying the values we hold most dear at Goodwill.

Vicki Beaumont in Transportation



Congratulations to our highest fundraiser for the Golf Tournament for August, Marcie Robinson! Donna Jernigan is placing the coveted winner's crown on Marcie Robinson.



This is your hard-working Ecommerce Amazon team, left to right: Penelope Livingston, Belle O'Connor, Kelsey Cowin, and Gloria Harris.

From Donna Jernigan: The e-commerce Amazon department received a big kudos cookie cake from Belle O'Connor, Amazon manager, for maintaining a 5-star rating on both Amazon and eBay, they have done an expectational good job.

We recently received a Let's Talk comment regarding health insurance. If you are enrolled in medical insurance and are having trouble with your plan - please reach out to Tamara Williams at twilliams@goodwillbigbend.com or call (850) 348-3714.

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Ernestine Washington

From Franny Graham-Clemons: Ernestine Washington is a lead associate that has worked for the company for over five years. She has worked at the Capital Circle store, the Outlet store, and the Quincy store. She has worked in a variety of areas: as a floor associate, both as a hard and soft line processor, and a cashier.

From Franny Graham-Clemons: Christine Soita is a cashier started with our goodwill team three months ago. She sets a great atmosphere as the customers walk in and she's always bubbly. As she's greeting the customers, she always goes beyond the call of duty to make sure everything is nice and in place on the sales floor.

From Dana Pollock: Adam, thank you for being kind, always positive, and having good energy!

Thank you to everyone who contributed to the 2023-2026 CARF accreditation of Goodwill Industries - Big Bend!



Success Story: Rod Bissainthe

Rod Bissainthe's journey from a halfway house to a becoming a nursing instructor and beyond is inspiring. At a point when he needed support the most, Goodwill became his guiding light. Starting as a regular CNA student, Rod's life took a new turn when he met Tanya Gavin. Volunteering with her, he discovered his passion for helping others and eventually landed an opportunity with AmeriCorps, thanks to Tanya's guidance.

Through Goodwill's unwavering support, Rod not only found financial aid but also used their CNA and Food Service Training services to reintegrate into the educational landscape. He gradually regained his footing, making his way to becoming a CNA teacher himself. After 10 years with Goodwill, he is now enrolling at Tallahassee Community College to earn a degree in nursing. Rod acknowledges that Goodwill's resources are a two-way street - they provide the tools, but individuals must take the steps. He rebuilt his life with Goodwill's assistance, always aiming in the right direction.

Teaching, a natural talent for Rod, became a significant part of his journey. He believes that everyone's purpose is to progress in life. With Goodwill's support, he not only built his resume but also cultivated the right mindset to step out on his own. Rod's success story embodies the essence of Goodwill - a platform that empowers individuals to embrace opportunities and shape their futures.

Thank you, Rod, for sharing your story with us.



Care Corner: AFLAC

Attention all Goodwill employees! We want to make sure you're aware of the incredible benefits available to both full-time and part-time employees. AFLAC offers a range of insurance options, including accident insurance, short-term disability insurance, and long-term disability insurance. These plans provide crucial financial protection during unexpected events, ensuring you have peace of mind and security for you and your loved ones.



To learn more about these options and how they can benefit you, feel free to contact Scotty Scott at (850) 566-3395 or email him at william_scottjr@us.aflac.com. Don't miss out on this valuable opportunity to safeguard your future with AFLAC's reliable insurance plans! Act now and take the first step towards a more secure tomorrow.

Invest in Your Wellness with Wellness Works®

Welcome to the UBA Partner Firm exclusive newsletter focusing on your biggest and most personal asset - wellness.

Wellness Works | August 2023

Book Review | *How to Change: The Science of Getting from Where You Are to Where You Want to Be*

In [*How to Change: The Science of Getting from Where You Are to Where You Want to Be*](#), author Katy Milkman offers practical strategies for breaking old habits and creating lasting transformations. The book provides evidence-based insights into the challenges of change and presents a roadmap to overcome obstacles on the journey to personal and professional growth.

Highlights

Empowering Personal Growth. This book equips readers with valuable tools to take charge of their lives and make positive adjustments. By understanding the science behind change, individuals can set meaningful goals, overcome self-limiting beliefs, and build resilience, ultimately leading to a more fulfilling and purposeful life. Relevance to Professional Development. Professionals from various

fields can benefit from this book's applicable strategies to enhance leadership skills, foster a growth mindset, and excel in career development. Additionally, understanding the science behind behavioral change can empower professionals, including HR experts, to design more effective training programs and cultivate thriving work environments. Credible and Evidence-Based Approach. *How to Change* distinguishes itself with its strong foundation in research and evidence. Readers can trust the science-backed principles presented in the book, providing a reliable resource to facilitate successful and sustainable changes in multiple aspects of life.

The Final Word

How to Change: The Science of Getting from Where You Are to Where You Want to Be is for individuals seeking personal growth and professional development. Its evidence-based insights and practical strategies offer a roadmap for overcoming challenges that can lead to positive transformations.

WORD SEARCH

THE BIG BANG

Word Search Puzzle

E	R	E	J	P	S	S	A	I	N	H	S
J	A	N	B	A	C	O	E	L	I	O	H
C	J	D	I	S	I	C	I	R	W	C	E
O	E	R	G	A	E	D	S	I	O	B	L
M	S	A	B	D	N	A	R	W	G	E	D
I	H	W	A	E	C	P	E	N	N	Y	O
C	C	O	N	N	E	R	R	H	C	R	N
B	E	H	G	A	E	C	A	P	S	S	E
O	T	C	S	C	I	S	Y	H	P	S	B
O	L	S	C	I	E	N	T	I	S	T	R
K	A	C	L	E	O	N	A	R	D	U	A
A	C	H	S	Y	D	S	Y	O	H	A	S
Z	T	I	W	O	L	O	W	M	C	R	K
Y	R	O	E	H	T	P	A	O	A	T	A

LEONARD
HOWARD
PENNY
AMY
THEORY
RAJESH
SHELDON
SCIENCE
PHYSICS
COMIC BOOK
OCD
SCIENTIST
PASADENA
BIG BANG
WOLOWITZ
SPACE
NEBRASKA
CALTECH
STUART

SAFETY Where Are The Exits?



Do you know where all the fire exits are at your workplace? Do you ever look for the exits when you are shopping or visiting other businesses? What if the exit is too crowded or not available due to a fire? What do you do then?

Here are a few suggestions for you to follow:

Here are a few suggestions for you to follow:

- Always look for exits when you enter a new facility.
- Do not use the elevator; find the stairs for a safe fire exit.
- Stay calm and keep moving!
- Talk to your kiddos about how to find and use a fire exit.
- Practice what to do with your family.

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McMullen, Willie	1 Green, Micah J.	8 Wright, Sherman G.	16 Daniels, Alicia N.	21 Hamilton, Michael	25
Gilleo, Sophia	2 Miles, King S.	8 Caudill, Austin P.	16 Google, Bryanna	21 Reynolds-Keen, Janice E.	25
Johnson, Candra M.	3 King, Louis A.	9 Naus, Alex	16 Vargas, Celine M.	21 White Jr, Rufus	26
Butt, Andrew W.	3 Ruiz, Mirna A.	10 Brown, Amire N.	16 Thomas, Demonte D.	21 Ward, Abranda D.	26
Clark, Anna M.	3 Jackson, Chetwin D.	10 Al Humiari, Amin A.	17 Goldsmith, Shonda E.	22 Abreu-Guevara, Alen R.	28
Villarin, Maricel C.	4 Rollins, Durann L.	11 Benoit, Wilfred	17 Gasper, Issac L.	22 McCormick-Gilliam, Earlnetta	28
Ammons, Raushanah I.	4 Gibney, Yodit B.	11 White, Christopher D.	18 Dodd, Tammy	22 Dobbs, Joseph	29
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Hynes, Kay	5 Fielding, Kaelob H. H.	11 Milton, Ladiamond S.	18 Mundhenk, Christopher	23 Vickers, Sharonda S.	29
Ross, Judith B.	5 Allen, Jason P.	12 Jenkins, Shanequa	18 Anderson, Tireek T.	23 Green, Queasia L.	29
Judd, Raymond E.	5 Merino, Liliana P.	14 Worlds, Candice	18 Williams, Kierra N.	23 Edwards, Larry T.	30
Miralles, Elena I.	5 Mackey, Shameaqua B.	14 Larkin, Stacy	19 Mcnair, Tyree J.	23 Gonzales, Gary M.	30
Banks, Elizabeth	6 Thorpe, Eric A.	14 Lee-wolk, Jodi	20 Staggs, Jeri H.	24 Ford, Jessie	30
Nipper, Brian R.	6 Gainous, Faith M.	14 Zegarski, Pamela S.	20 Conyers, Gregory T.	24	
Andrews, Makayla J.	6 Rush, Elizabeth	15 Davis, Pamela L.	20 Airhart, Mark W.	25	
Clenney, Jaiden	7 Alcorn, Alicia M.	15 Young, Tyana	20 Adams, Kiya D.	25	
Singletary, Richard E.	7 Branch, Amber M.	15 Houston Foley, Isaac E.	20 George, Mondrell D.	25	
Thompson, Justin	8 Smith, Thomas M.	15 Duross, Jane E.	21 Clemons, Devin D.	25	



Hubin, Patrick	16 Aldrich, Richard C.	4 Richardson, David L.	2 Pickett, Brandon L.	1 LaJoie, Sara B.	1
Bryant, Terry	15 Heckert, Pj R.	3 Chesnutt, Brandi J.	2 Smith, Havyn K.	1 Horne, Breana L.	1
Tabo, Roxanne F.	14 Wright, Quion	3 Fortune, Connie M.	2 Claitt, Arjuan B.	1 Jackson, James S.	1
Provenzano, John L.	13 Cooper, Isiah	3 Dunlap, Lori	2 Albro, Stephen D.	1 Daniels, Alicia N.	1
Harrison, James	13 Pryor, Nicol R.	3 Brown, Brandon C.	2 Corkery, Kimiko A.	1 Uribe, Ruben D.	1
Neves, Richard	13 Tarrant, Catherine	3 DeBaufer, Crystal F.	2 Martin, James A.	1 Srinivasan, Ashtin O.	1
Laguna, David E.	13 Monroe, Starla	3 Arthur, Gail M.	2 Lawford, Mary F.	1 Fielding, Kaelob H. H.	1
Hall, Anika J.	11 Justice, Jamie L.	2 Hochstetler, Jesse	1 Richardson, Amarion J.	1 McRoy, Betty T.	1
Parrott, Jennifer	9 Soriano, Abi S.	2 Bradham, Christopher K.	1 Davis, Marlon J.	1 Miller, Wanda	1
Showers, Derek T.	9 Parker, Alana	2 Farmer, Kathleen D.	1 Prowse, Oshina I.	1	
Scott, Amanda M.	5 Davis, Kathy L.	2 Walker, Holly	1 Hartley, Casey L.	1	
Mccoy, Milton A.	5 Harris, Jordan I.	2 Pugh, Andrew O.	1 Cooper, Kiesha P.	1	
Lathan, Debbie P.	4 Morgan, Jeffery	2 Wyche, Bessie	1 Bailey, Angelia L.	1	
Norton, Araceli	4 Scheuermann, Michelle M.	2 Huesby, David	1 Ingram, Julian	1	