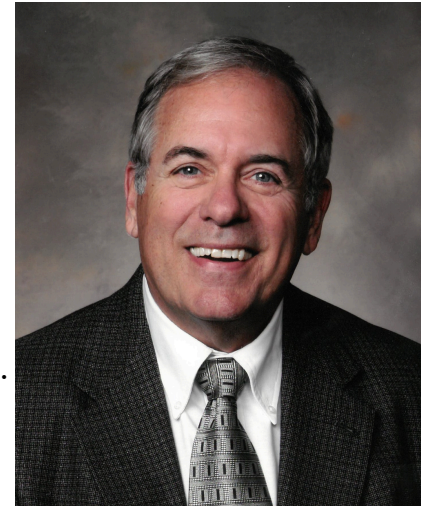


## Letter from Mr. Shelfer, President & CEO, Goodwill Industries - Big Bend

Last month, our executive staff attended the Florida Goodwill Association's annual conference in Orlando. This gathering was invaluable not only for networking with colleagues from other Goodwills but also for the exchange of innovative ideas. I asked each of our executives to share what they brought back that could be implemented here. Here are some of the key takeaways:

**Alan Malnofski:** Some Goodwills have different store hours, which we will study to determine if ours are the most efficient. Other Goodwills have testing stations for electronics. There is a company that can supply our jewelry on a consignment basis. Bagging assorted wares seems to work well. **Kim Gay:** Finding a market for selling glass would be helpful. There are other grant opportunities that we can explore.



**Lisa Land:** We should review the personal car insurance for those who may drive for company business. There are camera systems for vehicles that use AI to provide detailed information on violations, wrecks, etc. **Eneydi Rivera:** Several Goodwills were interested in our Career Campus. Other Goodwills have fundraising efforts that we could benefit from. We are interested in working with another Goodwill in contracting services to hospitals. **Fred Watford:** Miami Goodwill has mobile donation trailers in Publix parking lots, which is a great idea. **Shannon Harper:** Made new contacts to consult with on Goodwill accounting. **Tamara Williams:** Obtained new information on using AI for Human Services. She discussed pre-hire physicals for some employees. There were many questions around drug-free workplaces and the use of prescription marijuana. **Will Rodrigue:** Had discussions on Cash Monkey, which we just started using. He found two companies that have AI cameras for autos. There were different approaches to acceptable use policies for AI.

## SAFETY



A hazardous material is any substance or agent (biological, chemical, radiological or physical) that poses a risk to humans, the environment or property. The primary concern is protecting personnel; the secondary is containing contamination. Many chemicals are present in the workplace. Safe spill cleanup requires knowing the chemical's properties, hazards and spill location. Each Goodwill location has a binder with Safety Data Sheets. Always check the sheet before cleaning any chemical or hazardous material.

Spill kits are available at every location. Do not attempt cleanup if you are unable. To illustrate the importance of these precautions, consider the following scenario: While sorting donations, a processor accidentally releases a white powder and becomes ill. Due to the unknown substance and the processor's reaction, the manager calls 911 and evacuates the building. The Safety Captain brings the binder, and the manager takes the processor to urgent care. Firefighters and a hazmat crew identify the chemical as 2-Chlorobenzylidene malononitrile, used in tear gas. The manager informs the doctor through the Safety Captain. Hazmat cleans the substance, and the building is cleared. Once safe, work resumes, and the manager submits a critical incident report to [mthomas@goodwillbigbend.com](mailto:mthomas@goodwillbigbend.com).

# DIVERSITY, INCLUSION AND BELONGING



June 1st-30th



Saturday, June 14th



Sunday, June 15th



Thursday, June 19th

# IMPACT STORY



**Jason Howard** faced significant barriers, including involvement with the court system, job displacement and lack of education.

Determined to turn his life around, he enrolled in Goodwill's CNA program after hearing about it from previous students. After successfully completing the program and earning his CNA certificate, he secured a job at Tallahassee Memorial Hospital as a Patient Care Tech.

This new position allowed him to overcome homelessness and build a better future. Reflecting on his journey, he shares, "**Staying consistent really does pay off!**"

## Meet Lisa Land, VP of Support Services

### A Message from Lisa:

I started at Goodwill in 1999 in what we called then the Career Development Center. I was a Receptionist, soon an Office Manager, then Purchasing Manager and now a Vice President. I have always given 150% and never once said "not my job"! I truly believe we are a team and we can do anything. I love Goodwill and I am very proud of what we do.

My fun fact is I have 10 grand children and 2 great grandkids. And 16 chickens, so I'm a "chicken tender".



# MISSION SERVICES



## UPCOMING *classes*

**JUNE 2025**

Scan the QR Code to register! Or visit [gwvirtualcampus.org](http://gwvirtualcampus.org)



DATE	DAY	CST	EST	TITLE
6/3	Tue	10:00-11:00	9:00-10:00	Resume Prep
6/3	Tue	12:00-1:00	11:00-12:00	Interview Skills
6/3	Tue	1:00-3:00	12:00-2:00	IBM IT Fundamentals (Class 1 of 4)
6/3	Tue	2:00-3:00	1:00-2:00	Mastering Indeed
6/5	Thu	10:00-11:00	9:00-10:00	Job Search Routine
6/5	Thu	1:00-3:00	12:00-2:00	IBM IT Fundamentals (Class 2 of 4)
6/5	Thu	2:00-3:00	1:00-2:00	Personal Brand
6/6	Fri	2:00-3:00	1:00-2:00	GED Cram for the Exam: Social Studies
6/10	Tue	10:00-11:00	9:00-10:00	Communication Skills
6/10	Tue	12:00-1:00	11:00-12:00	Workplace Conflict
6/10	Tue	1:00-3:00	12:00-2:00	IBM IT Fundamentals (Class 3 of 4)
6/10	Tue	2:00-3:00	1:00-2:00	Email Etiquette
6/11	Wed	10:00-11:00	9:00-10:00	GoodCents: Building Credit
6/12	Thu	10:00-11:00	9:00-10:00	Discover Your Career Path
6/12	Thu	12:00-1:00	11:00-12:00	Online Job Applications
6/12	Thu	1:00-3:00	12:00-2:00	IBM IT Fundamentals (Class 4 of 4)
6/12	Thu	2:00-3:00	1:00-2:00	Chart Your Start On a Job
6/13	Fri	2:00-3:00	1:00-2:00	GED Cram for the Exam: Science
6/17	Tue	10:00-11:00	9:00-10:00	Resume Prep
6/17	Tue	12:00-1:00	11:00-12:00	Interview Skills
6/17	Tue	1:00-3:00	12:00-2:00	MS365 Word: Part 01
6/17	Tue	2:00-3:00	1:00-2:00	Mastering Indeed
6/19	Thu	10:00-11:00	9:00-10:00	Job Search Routine
6/19	Thu	1:00-3:00	12:00-2:00	MS365 Word: Part 02
6/19	Thu	2:00-3:00	1:00-2:00	Personal Brand
6/20	Fri	2:00-3:00	1:00-2:00	GED Cram for the Exam: Language
6/24	Tue	10:00-11:00	9:00-10:00	Communication Skills
6/24	Tue	12:00-1:00	11:00-12:00	Workplace Conflict
6/24	Tue	1:00-3:00	12:00-2:00	MS365 PowerPoint: Part 01
6/24	Tue	2:00-3:00	1:00-2:00	Email Etiquette
6/26	Thu	10:00-11:00	9:00-10:00	Discover Your Career Path
6/26	Thu	12:00-1:00	11:00-12:00	Online Job Applications
6/26	Thu	1:00-3:00	12:00-2:00	MS365 PowerPoint: Part 02
6/26	Thu	2:00-3:00	1:00-2:00	Chart Your Start On a Job
6/27	Fri	2:00-3:00	1:00-2:00	GED Cram for the Exam: Math



**NOW ENROLLING FOR THESE UPCOMING CERTIFICATE CLASSES!**

4-Week Construction Class

6-Week Bookkeeping Class

8-Week CNA & BLS Class

6-Week QuickBooks Class

Seven Online Digital Tech Courses from Google, IBM, & Meta



## Boost Your Mind



We all experience stress and anxiety sometimes, but regular physical activity can be an effective way to manage your mental health. Exercise helps reduce feelings of depression and anxiety by giving your mind a break from worries and releasing endorphins – those “feel-good” chemicals that enhance your sense of well-being. In addition to improving mood, physical activity can boost self-confidence by helping you meet personal goals and feel better about your body. Exercise also supports better sleep, which is often disrupted by stress and anxiety.

**Finding ways to incorporate movement into your day does not have to be complicated. Here are some easy ideas:**

- 1. Dance to your favorite music for a quick energy boost.**
- 2. Roll out a yoga mat for mindful stretching.**
- 3. Take a walk to elevate your mood.**
- 4. Do some cardio to elevate your mood.**

Incorporating regular movement into your routine is a simple yet powerful way to support your mental health and overall well-being. By making time for physical, activity you can reduce stress, boost your mood and feel more balanced every day.

# SHOUTOUTS!



*Pictured: Kaitlyn LeBrun*



*Pictured: Joseph Joyner*

## Lead Associate

**Joseph Joyner-Crawfordville**  
**Mike Adams-Bainbridge**  
**Jennifer Parrott-Beach**  
**Sarah Sellers-Beach**  
**Margie Gibson-PCB Parkway**  
**Ross Johnson-Marianna**  
**Melanie Barber-Thomasville**  
**Madison Morgan-Central**  
Processing Crestview  
**Latasha Gaines-Central**  
Processing Crestview



*Pictured: Marynell Grace*



*Pictured: Mike Adams*

## Assistant Manager

**Kaitlyn LeBrun-Bainbridge**  
**Amanda Youngblood-Port Saint**  
Joe  
**Marynell Grace-Crestview**  
**Latasha Gaines-Central**  
Processing Crestview

## Manager

**Ursula Williams-Thomasville**

# SHOUTOUTS!

## *The Goodwill Storekeeper's Rhyme*

In a corner of town where the kind hearts meet,  
Stands a store full of stories on every shelf neat.  
From vintage blazers to a chipped old plate,  
Each piece tells a tale, both small and great.

The manager hums as the sun starts to rise,  
Unlocks the door under morning skies.  
With clipboard in hand and a smile worn true,  
They greet the day with a charitable view.

"Sort the donations," they call to the team,  
"Fold up the denim, dust off the gleam.  
Check for the treasures, tag what you find,  
Price with a purpose, but always be kind."

Customers shuffle through aisles with care,  
Searching for bargains, unaware  
That behind each rack and every deal,  
Is a mission of hope, honest and real.

The register rings like a steady tune,  
A rhythm that builds from morning to noon.  
Each dollar earned helps someone in need,  
A cycle of giving, a powerful deed.

Sometimes it's chaos, a jumbled array,  
Of boxes and hangers in disarray.  
But patience and heart keep things in control,  
With purpose and pride as the ultimate goal.

So here's to the keepers of second-hand gold,  
Turning the used into something bold.  
In the Goodwill store, they work with grace,  
Spreading new chances from place to place.

**- Michael Rebuck**  
**(Crawfordville Store Manager)**

# NEW HIRES



Meet Laurel Richmond, the new Reentry Services Intern.



Meet Madison Jenkins, the new Cashier at the North Monroe Store.



Meet Vanessa Rogers, the new Career Navigator.



Meet Mathias Alexandre Foraponov Durpoix, the new Career Services Intern.



Meet Natrinia Stubbs, the new Career Specialist.

## Stuffed Bell Peppers

### Ingredients

- 6 large red, orange, yellow, or green bell peppers
- 1 3/4 tsp. kosher salt, divided
- 2 (15-oz.) cans tomato sauce
- 1 (1-oz.) envelope taco seasoning mix
- 1 lb. 90 /10 lean ground beef
- 1 medium-size yellow onion, finely chopped (1 1/4 cups)
- 1 (15-oz.) can black beans, drained and rinsed
- 1 cup frozen corn, thawed
- 1 (8.8-oz.) pkg. precooked microwavable white rice
- 4 oz. shredded Mexican 3-cheese blend (about 1 cup)
- Fresh cilantro, for garnish

### Directions



#### Prepare peppers:

- Preheat oven to 450°F. Cut tops off peppers, and set aside. Remove and discard seeds from peppers; sprinkle interiors of peppers with 3/4 teaspoon of the salt.
- Stir together tomato sauce and taco seasoning.
- Cook beef mixture:
- Heat a large skillet over medium-high. Add beef, onion, and remaining 1 teaspoon salt; cook, stirring often, until beef is browned, 6 to 7 minutes.
- Stir in beans, corn, and 1 cup of the tomato mixture; reduce heat to medium. Simmer, stirring often, until flavors meld and sauce is mostly absorbed, about 2 minutes. Remove from heat; stir in rice until well combined.

#### Stuff peppers:

- Spoon about 1 cup of the rice mixture into each pepper. Spread remaining 2 cups sauce into skillet or a 13- x 9-inch baking dish. Add filled peppers to skillet or baking dish, tuck tops in between peppers.
- Cover tightly with foil.

#### Bake peppers:

- Bake in preheated oven until peppers are fork-tender, 35 to 45 minutes.
- Remove foil and sprinkle with cheese blend.
- Bake until cheese has melted, 3 to 5 minutes. Garnish with cilantro and serve.

We want to hear your favorite recipes, so email your ideas to [afrost@goodwillbigbend.com](mailto:afrost@goodwillbigbend.com)!



Gerhard Schlund - June 1  
 Elaine Hernandez - June 1  
 Owen Brown - June 1  
 Syliss Helton - June 2  
 Wayne Moseley - June 4  
 Robert Moore - June 5  
 Cynthia Sweitzer - June 5  
 Michael Carr - June 6  
 Katherine Villarreal - June 6  
 Lakeisha Ramirez - June 6  
 Fred Shelfer - June 7  
 Shareka Strong - June 7  
 Maddyson Wagner - June 7  
 Warren Scott - June 8  
 Lacrystal Jackson - June 9  
 Roy Anderson - June 10  
 Travis Dishon - June 10  
 LeShawn Douglas-Hayes - June 10

Amy Gilland - June 11  
 Kayce Griffith - June 12  
 Crystal Lyles - June 12  
 Gail Jones - June 12  
 Cynthia Herbert - June 12  
 Mary Simon Irby - June 13  
 Torrance Kilpatrick - June 13  
 Christine Reed - June 14  
 Sylvia Sosa - June 14  
 Deann Peltz - June 14  
 Cynthia Winskey - June 16  
 Franny Graham-Clemons - June 16  
 Hannah Sizemore - June 16  
 Gary Davis - June 17  
 Christopher Pelletier - June 17  
 Gillian Jordan - June 17  
 Michele Duzelmann - June 18  
 Melody Lands - June 18

Lavyssia German - June 18  
 Isaiah Stewart - June 18  
 Lakeira Seay - June 19  
 Iyanna Keys - June 19  
 Christina Whittington - June 20  
 Marcia Ennis - June 20  
 Leroy Demps - June 20  
 Calvin Pace - June 21  
 Destinee Davidson - June 21  
 Sandra Perkins - June 21  
 Pamela Wells - June 21  
 Sara McLain - June 21  
 Matthew Wells - June 21  
 McKenna Wolk - June 22  
 Nathan Leggett - June 22  
 Justin Montgomery - June 22  
 Anna Godfrey - June 23  
 Lindsey Carroll - June 23

James Hill - June 23  
 Yaterica Lovette - June 23  
 Michael Goldstein - June 23  
 Delmy Jiron Rubio - June 23  
 Charles Batchelor - June 25  
 Vincent Robledo - June 25  
 Francine Mcgahen - June 26  
 Derrick Dudley - June 26  
 Paul Souls - June 26  
 Mark Davis - June 26  
 Juan Ramos - June 26  
 Lorenza Griffin - June 28  
 Samuel Johnson - June 28  
 Beverly Copes - June 28  
 Jane Spivey - June 29  
 Huberto Torne - June 29  
 Sarah Sellers - June 30  
 Dillon Murray - June 30  
 Lukues Bidatsch - June 30  
 Skyler Anderson - June 30



Ira Jones - 35  
 Mary Thomas - 30  
 Mirna Ruiz - 17  
 Sara Hall - 17  
 Joseph Dobbs - 16  
 Raisha Licht - 11  
 Latasha Gaines - 10  
 Angela Smitherman - 10  
 Franny Graham-Clemons - 7  
 Jamal Aburayyan - 7  
 Natalie Haynes - 7  
 Lashaunda Andrews - 6  
 Issac Gasper - 5

Sophia Gilleo - 5  
 Melanie Barber - 5  
 Alina Duncan - 4  
 Abigail Jackson - 4  
 Kathryn Kelley - 4  
 Evelyn Pensgard - 4  
 Reinaldo Andreu - 4  
 Laci Joyner - 4  
 Mary Yates - 4  
 Elizabeth Rush - 4  
 Dawn Nicholls - 3  
 Carla Brito - 3  
 Sarah Macadams - 3

Austin Tarr - 3  
 Elizabeth Rush - 4  
 Dawn Nicholls - 3  
 Carla Brito - 3  
 Sarah Macadams - 3  
 Austin Tarr - 3  
 Bryauna Hosfelt - 3  
 Melody Lands - 3  
 Matthew Whittington - 2  
 Douglas Garlow - 2  
 Dixie Staines - 2  
 Cullen Thompson - 2  
 Elaine Hernandez - 2

Beverly Oldham - 2  
 Yolanda Donley - 2  
 Stephaney Chung - 2  
 Perla Rodriguez - 1  
 Brian Peterson - 1  
 Emoni Gray-Thompson - 1  
 Katherine Villarreal - 1  
 Mason Brand - 1  
 Lakeisha Ramirez - 1  
 Nallely Henriquez-Vasquez - 1  
 Nevan Heinekamp - 1  
 Kent Chamberlain - 1  
 Emily Sadler - 1